

A close-up photograph of a person's hand holding a heart-shaped object. The object is light-colored with a gold geometric pattern. A light blue button is attached to the heart, and a small white tag with the text 'Write with love' is pinned to it. The background is a soft, out-of-focus grey.

“ “ There’s a perception you need to pick yourself up and get on with it. Nobody admits that you have to grieve. And it’s almost like you need permission to grieve.”

Research Participant
Ritual Respect

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Ritual Respect

Miscarriage is sadly common (approximately 1 in 4 pregnancies ends in miscarriage), but for each woman the experience is unique, and so are the ways of coping with the loss. Access to the right information and emotional support for individuals at the right time is crucial.

Ritual Respect is a collaborative research project between The Glasgow School of Art and NHS Grampian. We brought together health and care professionals who provide care during early pregnancy and women who have experienced miscarriage to understand the current care experience, identify key points of intervention and co-design the future care experience for women following miscarriage in Scotland.

The collaborative sessions ran from June to September 2017. We will present the findings at the Scottish Early Pregnancy Network in Spring of 2018.

An Experience Lab is a workshop that provides a safe environment where services users, carers, clinicians, practitioners, third sector, businesses and researchers can collaborate and rapidly prototype in response to health and care challenges.

“ *Through a series of Experience Labs, the project aimed to empower women and support health professionals to approach women’s wellbeing after miscarriage from a person-centred perspective.* ”

For more information on the project please contact:
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You can also visit our project website:

<http://ritualrespect.experiencelabsresearch.org/>

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